

# Emotional abuse is domestic violence.

## Do you:

- try to stop your partner contacting friends or family?
- call your partner constantly to find out where she is?
- control where your partner goes or who she sees?
- try to stop your partner from working?
- insult or criticise your partner?

## Have you ever threatened to:

- harm your partner or people close to her?
- harm your partner's children or take them away?
- harm her pets or destroy her possessions?

If you've ticked any of these boxes you might be emotionally abusing your partner.

Get information and help at the Men's Referral Service on **1300 766 491**.

